Little moments. Big wags.

7
DAYS OF PLAY

Small ideas. Happy company. A week made for them.

PET'S NAME _____ WEEK OF _____

7-DAY PLAY BINGO

Choose one a day. Tick a box, make a line, repeat a favourite.

01 ☐

Follow their nose

Take a slow sniff walk, or explore a pet-safe room.

02 ☐

The toy vote

Offer two safe toys. Let them choose what happens next.

03 ☐

Hide & seek

Show them where you hide a toy. Invite them to find it.

04 ☐

Chase a little

Roll a dog-safe ball or move a cat wand low and slowly.

05 ☐

Their happy spot

Make a cosy place nearby. Relax together, on their terms.

06 ☐

A tiny trick

Practise a familiar cue. Celebrate with praise or play.

07 ☐

A fresh adventure

Try a different walk or rearrange a safe play corner.

08 ☐

Box curiosity

Offer an open, stable box without tape, staples or handles.

09 ☐

Play it again

Repeat the moment they enjoyed most this week.

The best part of our week: _____

Stay close and supervise. Choose safe toys suited to your pet's size. Stop if they seem stressed or want a break.

Their kind of happy.

Follow their lead. Notice the little things they love.

FOR DOGS

Sniff. Seek. Repeat.

The sniff detour
Let them set the pace on a familiar, safe walk.

Find the favourite
Hide a toy in an easy spot. Make the first find simple.

A gentle return
Roll a suitable ball along the ground. Let them decide to chase.

FOR CATS

Stalk. Pounce. Pause.

Low and slow
Move a wand toy along the floor, with little pauses.

Make the catch
Let them catch the toy. Put string toys away after play.

A quiet lookout
Offer a stable perch by a securely closed window.

A little love log.

Your notes are the guide. There is no perfect way to play.

They kept coming back to...

They preferred a break when...

Next time, we'll try...

Stay close and supervise. Choose safe toys suited to your pet's size. Stop if they seem stressed or want a break.